

# LEGALSMART

January 2025 Edition



## THE MISSION

The mission of Legal Resources is to provide superior legal services to our members, enabling them to lead active, healthy, and worry-free lives, free of major legal expenses.

## THIS MONTH'S EDITION

- *How to Use Your New Legal Plan*
- *Activating Your Identity Theft Protection Portal*
- *Reflecting on Top Member Needs, and much more!*



## FEATURED STORY

### How to Use Your Legal Plan

As a member, getting legal advice and representation with Legal Resources is simple and stress-free: no co-pays, deductibles, claim forms or claim numbers are required. Just follow these easy steps:

1. **Make the Call.** Call the number on your member card and identify yourself as a Legal Resources member. Explain your legal issue to either your Plan Law Firm or our certified paralegals. If your Plan Law Firm doesn't handle your specific legal need or practice in the location of the legal matter, our Member Services team will connect you with a pre-vetted attorney or firm that does.
2. **Schedule a Consultation.** Set up an appointment for your initial advice and consultation. Many firms offer both phone and in-person meetings to fit your schedule.
3. **Meet with your law firm.** Discuss your legal matter in-depth and get the help you need.

*If you have additional questions about plan coverage, dependent eligibility, pre-existing matters, unique legal needs or other matters, please call us at 800.728.5768. Our team of certified paralegals are here to assist you and make your experience stress-free!*



## #TRENDINGNOW

### Member Needs: Top Legal Services in 2024

The results are in! Throughout 2024, members used their Legal Plan to support a number of legal endeavors including name changes, adoption, divorce and traffic citations. This year's engagement shows our members' most frequently used the following services:

- **Advice & Consultation:** With unlimited advice and consultations available to our members, it's no wonder why it was our most popular service in 2024.
- **Family Matters:** Families change, and when they do, we're here to ensure those changes occur seamlessly. Whether pursuing adoption of step-children, considering divorce, or arranging a custody agreement, Legal Resources has helped thousands of our members this year.
- **Wills and Estate Planning:** Did you know that as of 2024, only 32% of Americans had an updated will? Kudos to our members who helped that percentage grow!
- **Elder Law:** The number of our members who work full-time and provide around-the-clock care for aging loved ones is growing. We're here to assist with any uncertainties our members face surrounding Elder Law, caregiving and more.

**LEGAL RESOURCES**

# SOMETHING DIFFERENT

## Legal Resources 2025 Seminar Series

Each month, Legal Resources offers three helpful seminars to members, clients and our clients' employees. Each seminar is designed to address the needs of our members and spotlights experts on each topic. Each seminar includes a Q&A session to allow attendees to dive deeper into the subject covered.

Seminar Series:

**When Life Gets Legal:** Join us, along with one of our network attorneys, as we discuss topics like Real Estate Transactions, Tax Law, Estate Planning, Traffic Law and more.

**Identity Theft Today:** Listen live as Identity Theft experts review trending scams, hacks, cyber health, artificial intelligence, the dark web and more.

**Conversations with Caregivers:** Tune in for informative and engaging conversations on pressing caregiver concerns including financial strategies, power of attorney essentials, medical and long-term care, how to create a care plan and other topics.

If you are interested in attending our seminars, please visit [LRseminars.com](https://LRseminars.com) to review upcoming topics and register for sessions. You can also explore previously recorded sessions in our [Archives](#).

### DID YOU KNOW...

#### New Years Resolutions

In 2024, only 3 out of 10 Americans made a New Year's resolution. The top goals were eating better, exercising more, drinking less, quitting smoking, and improving work-life balance. Studies show, however, that 22% of resolutions fail within one week, and only 40% of people achieve their resolutions on their first try. Goal setting is critical to success. Be intentional with your resolution and create a plan that doesn't include failure as an option!

### FREQUENTLY ASKED QUESTIONS

**Q:** I enrolled in a Legal Resources Identity Theft Protection Plan during open enrollment. What can I expect to receive?

**A:** Congratulations on your new ID Protection Plan! On your benefit's start date, you'll get a Welcome/Activation email from Legal Resources with a link (valid for 48 hours) and instructions to access your secure online dashboard. Check your spam or junk folder if you don't see it in your inbox. If you miss your activation window, contact us at **800.728.5768** or [info@legalresources.com](mailto:info@legalresources.com) for a new link. Your Restoration and Insurance coverage is active starting on your effective date, but activating your dashboard is recommended to make the most of your new benefit!



## CYBER CORNER

### Resolutions for ID Safety

Start the year right by safeguarding your identity with these simple steps:

**Monitor Credit Reports:** Check your credit reports monthly for inaccuracies and correct them immediately.

**Secure Your Accounts:** Use strong, unique passwords and update them frequently. Enable multi-factor authentication (MFA) for added security.

**Update Devices:** Keep your phone and computer systems up-to-date with the latest software.

**Protect Sensitive Information:** Opt out of pre-approved credit card offers, shred documents containing sensitive data and steer clear of public Wi-Fi when making financial transactions.

**Stay Informed:** Keep up with the latest scams and cybersecurity tips at [CISA.gov](https://CISA.gov).

### TIP OF THE MONTH

#### Cold & Flu Prevention

Prioritize good hygiene practices to avoid getting sick. Consider frequent handwashing, covering coughs and sneezes, avoiding close contact with sick people, getting enough sleep and managing stress. Don't forget to boost immunity by staying hydrated, eating a balanced diet rich in fruits, vegetables and Vitamin D and engaging in regular physical activity.



Please call our Member Services Department with any questions. **We look forward to serving you and your family.**

800.728.5768

[LegalResources.com](https://LegalResources.com)



### UPCOMING LRSEMINAR DATES

The Legal Resource Seminar Series is a series of virtual forums that explore how life events can have legal implications. These forums are hosted and presented by Legal Resources and our network attorneys and cover a wide range of topics. Listed below are the upcoming seminars.

#### WHEN LIFE GETS LEGAL

Topic: Real Estate Transaction  
Date: January 8, 2025  
Time: 12:00 pm - 1:00 pm EST

#### IDENTITY THEFT TODAY

Topic: So You've Been Breached  
Date: January 15, 2025  
Time: 12:00 pm - 1:00 pm EST

#### CONVERSATIONS FOR CAREGIVERS

Topic: Using Power of Attorney  
Date: January 22, 2025  
Time: 12:00 pm - 1:00 pm EST

Register at [LRseminars.com](https://LRseminars.com)

**LEGAL RESOURCES**

Relax... you're covered.®