

# Core Benefits Contacts

## SUFFOLK PUBLIC SCHOOLS

Anne McCoy: Coordinator of Benefits

Cammie Phillips: Health Benefit Tech | Jennifer Uriah: Virginia Retirement (VRS) Tech  
757-925-6754 [spshealth.spsk12.net/](https://spshealth.spsk12.net/) [benefits@spsk12.net](mailto:benefits@spsk12.net)

**ANTHEM HEALTH:** 833-630-6742

**ANTHEM BLUE VIEW VISION:** 866-723-0515

**ANTHEM DENTAL:** 844-729-1565

*If loss of eligibility occurs, you may continue health with vision and dental for a set period of time under COBRA regulations. You will receive a packet by mail when coverage is lost due to a qualifying event.*

**ANTHEM ACT WISE Health Savings Account (HSA):** 833-592-9956

Log into Anthem.com or download the Sydney<sup>SM</sup> Health mobile app to access the Anthem plans above.

**SPS HEALTH PHARMACY | 757-922-9200**

**ANNUITIES ADMINISTERED BY THE OMNI GROUP | 888-544-6664 | [www.omni403b.com](http://www.omni403b.com)**

**Corebridge Retirement Services:**

Tim Hewitt, 757-434-5957

**Horace Mann:**

Brent Lucy, 757-562-0936

**Lincoln Financial Group:**

Andre Dawkins, 757-777-3177

**MetLife:**

Vickie Pulley, 757-619-5819

Brooke Larson, 757-493-4368

**Voya Financial:**

Thomas Griffin, 757-615-6066

Robert Giorgi, 804-295-9680

**VRS RETIREMENT | 888-827-3847**  
[myvrs.varetire.org](http://myvrs.varetire.org)

**SECURIAN FINANCIAL**  
**(VRS Optional Group Life)**

1-800-441-2258, or send an email to  
[RBO@securian.com](mailto:RBO@securian.com)

Update beneficiary: [myvrs.varetire.org](http://myvrs.varetire.org)

Copy of certificate; plan design:

[Lifebenefits.com/plandesign/VRS](http://Lifebenefits.com/plandesign/VRS)

**VSDP Long-Term Care:** 800-761-4057

**Ascendium Student Loan | 833-619-1286**

[SuccessCenter@ascendiumeducation.org](mailto:SuccessCenter@ascendiumeducation.org)

[KnowledgeCenter.org/sponsor/spsk12](http://KnowledgeCenter.org/sponsor/spsk12)

**SmartDollar**

[Smartdollar.com/enroll/suffolkpublicschools](http://Smartdollar.com/enroll/suffolkpublicschools)

**SPS Wellness: Virgin Pulse**

New members: [joinvirginpulse.com/spsk](http://joinvirginpulse.com/spsk)

Existing members: [member.virginpulse.com](http://member.virginpulse.com)

**YMCA of South Hampton Roads**

757-962-5555 | [ymcashr.org](http://ymcashr.org)

**Jim White Fitness & Nutrition Studios | 757-422-4728 | [jimwhitefit.com](http://jimwhitefit.com)**

**Employee Service Portal (My Alio) | [myalio.spsk12.net](http://myalio.spsk12.net)**